



Online Nutrition Courses

Summer 2017

Graduate and Undergraduate

Would you like to learn how to live a healthy lifestyle and help protect, promote, and support public health? Register today!

Each of the following courses count as Human Biology electives

Introduction to Human Nutrition (NTR 301)

- Summer sessions 1 and 2, 5-week sessions and 10-week summer session
- Evaluate your own diet and learn about the following topics: Functions and sources of nutrients, causes and dietary management of certain nutrition-related conditions, societal factors that serve as barriers to, or facilitators of, nutrient intake, etc.

Maternal and Infant Nutrition (NTR 410 and 510)

- Summer sessions 1 and 2, 5-week sessions and 10-week summer session
- Topics include: Nutrition through preconception for men and women, pregnancy, infancy, breastfeeding, high risk and premature infants, complementary feeding, and toddlerhood.

Public Health Nutrition (NTR 330)

- Summer sessions 1 and 2, 5-week sessions and 10-week summer session
- Topics include: What is public health?, evaluating studies reported on by the media, nutrition assistance programs, childhood obesity, what we eat in America, how to be a successful advocate, protecting the food supply, etc.